Much is unknown about how the virus that causes COVID-19 spreads. The CDC (Centers for Disease Control and Prevention) believes it spreads mostly from person to person through respiratory droplets produced when someone who **is** sick coughs or sneezes.

Currently, the Parish Life Center is the only building accessible for meetings at Holy Trinity. Our facilities will be thoroughly cleaned before and after meetings.

We ask that everyone follow the simple precautions **recommended** by the CDC to help prevent the spread of germs:

- Stay at home if you are sick **or** have been near someone who has been sick
- Always stay at least 6 feet (2 arm lengths) from other people
- Wear a mask (covering your nose and mouth)
- Avoid touching your face
- No more than 10 people may meet at one time

For the safety of everyone who visits the PLC, the following guidelines have been put in place:

<u>The only entrance</u> into the Parish Life Center will be through the double glass doors near the PLC parking lot. (No exiting at these doors.)

The bathrooms at this entrance will be open. NO others will be accessible.

A hand sanitizing table will be located near the Welcome Center.

The hallways will be marked ONE WAY only. Please follow the signs.

To exit the PLC, use either the double wood doors facing Ashley Arms **or** the single glass door facing the PLC Parking Lot.

For Holy Communion:

- 1) Those distributing communion will sanitize their hands immediately before distribution.
- 2) It's important to note, in Lutheran theology we believe that Christ is fully present in the bread and wine. Therefore, you do not have to receive both to receive communion. That said, we will offer wine in small communion glasses for those

who wish to receive it. The glasses will be spaced out to prevent being touched by others as people pick them up.